

Inland Patient Care Centers

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Norco, CA 92860
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Fax: 951.734.1538

Chino Office
5365 Walnut Avenue
Suite K
Chino, CA 91710
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Temecula Office
41707 Winchester Road
Suite 102
Temecula, CA 92590
Tel: 951.296.1894
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Riverside Office
4013 Brockton Avenue
Riverside, CA 92501
Tel: 951.781.3011
Fax: 951.781.4751

Anaheim Office
1250 N. Lakeview Avenue
Suite E
Anaheim, CA 92807
Tel: 714.693.5520
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Inland Artificial Limb & Brace, Incorporated has five locations to best serve you. Our offices are located in Riverside, Temecula, Norco, Chino, and Anaheim. This allows us to service patients through out Orange County, Riverside County, and San Bernardino County without the hassle of long distance travel.

www.Inlandlimbandbrace.com

This brochure is not intended to be used as a substitute for professional medical advice.



680 Parkridge Ave
Norco, CA 92860

Return Service Requested

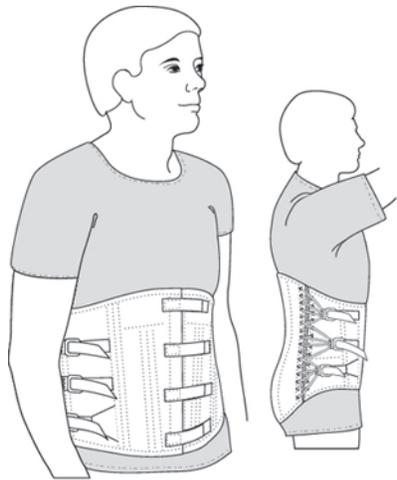
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Inland Artificial Limb & Brace, Inc.
Your Premier Choice for Orthotic and Prosthetic Services

General Information

A Corset is often prescribed to help relieve lower or mid level back pain. It works by supporting the back and abdominal muscles, which allows them to rest and heal. It also limits motion in the painful region of the back.



How To Guidelines

Use Your Corset

Wear a snug fitting cotton t-shirt under your Corset; it will absorb perspiration, protect your skin and keep the Corset clean.

Wear the Corset as low as possible on your torso. If the Corset has plastic or metal, make sure they remain parallel to your spine.

Wear the corset as snugly as possible to provide the maximum support to your stomach and back.

Corsets have a tendency to “ride-up” on your body as the day progresses. As you sit, your hips become wider and push the Corset up. You will need to re-adjust your Corset during the day to ensure proper positioning.

Fasten the snaps or hook and eyes on the front panel, starting at the bottom and working your way up. It may be easier to fasten the corset if you lie down (because your stomach flattens).

Tighten the side adjustment straps, starting at the bottom and working your way up to the top straps.

to remove your Corset, reverse the above procedures.

Caring Guidelines

Care

Your Corset should be washed weekly

Follow the instructions on the tag sewn into the Corset or wash it by hand in warm water and mild soap. Rinse well and allow it to AIR DRY. **DO NOT PUT YOUR CORSET IN THE DRYER.**

Remember...

A Corset is a very specialized device. It is VERY important to keep all follow-up appointments made by your orthotist