

Therapeutic Shoes for Diabetics – Physician Documentation Requirements

Dear Physician:

Medicare covers therapeutic shoes and inserts for persons with diabetes. This statutory benefit is limited to one pair of shoes and up to 3 pairs of inserts or shoe modifications per calendar year. However, in order for these items to be covered for your patient, the following criteria must be met:

- 1. An M.D. or D.O. (termed the "certifying physician") must be managing the patient's diabetes under a comprehensive plan of care and must certify that the patient needs therapeutic shoes.
- 2. That certifying physician must document that the patient has one or more of the following qualifying conditions:
 - a. Foot deformity
 - b. Current or previous foot ulceration
 - c. Current or previous pre-ulcerative calluses
 - d. Previous partial amputation of one or both feet or complete amputation of one foot
 - e. Peripheral neuropathy with evidence of callus formation
 - f. Poor circulation

According to Medicare national policy, it is not sufficient for a podiatrist, physician assistant (PA), nurse practitioner (NP), or clinical nurse specialist (CNS) to provide that documentation (although they are permitted to sign the order for the shoes and inserts). The certifying physician must be an M.D. or D.O.

The following documentation is required in order for Medicare to pay for therapeutic shoes and inserts and must be provided by the physician to the supplier, if requested:

- 1. **A detailed written order.** This can be prepared by the supplier but must be signed and dated by you to indicate agreement.
- 2. A copy of an office visit note from your medical records that shows that you are managing the patient's diabetes. This note should be within 6 months prior to delivery of the shoes and inserts.
- 3. Either (a) a copy of an office visit note from your medical records that describes one of the qualifying conditions or (b) an office visit note from another physician (e.g., podiatrist) or from a PA, NP, or CNS that describes one of the qualifying conditions.

If option (b) is used, you must sign, date, and make a note on that document indicating your agreement and send that to the supplier.

The note documenting the qualifying condition(s) must be more detailed than the general descriptions that are listed above. It must describe (examples not all-inclusive):

- The specific foot deformity (e.g., bunion, hammer toe, etc.); or
- The location of a foot ulcer or callus or a history of one these conditions; or
- The type of foot amputation; or
- Symptoms, signs, or tests supporting a diagnosis of peripheral neuropathy plus the presence of a callus; or
- The specifics about poor circulation in the feet e.g., a diagnosis of venous or arterial insufficiency or symptoms, signs, or test documenting one of these diagnoses. A diagnosis of hypertension, coronary artery disease, or congestive heart failure or the presence of edema are not by themselves sufficient.

A certification form stating that the coverage criteria described above have been met.

This form will be provided by the supplier but must be completed, signed, and dated by you after the visits described in #2 and 3. If option 3(b) is used, that visit note must be signed prior to or at the same time as the completion of the certification form. However, this form is not sufficient by itself to show that the coverage criteria have been met, but must be supported by other documents in your medical records – as noted in #2 and 3.

New documentation is required yearly in order for Medicare to pay for replacement shoes and inserts.

Physicians can review the complete Therapeutic Shoes for Persons with Diabetes Local Coverage Determination and Policy Article.

Suppliers may ask you to provide the medical documentation described above on a routine basis in order to assure that Medicare will pay for these items and that your patient will not be held financially liable. Providing this documentation is in compliance with the HIPPA Privacy Rule. No specific authorization is required from your patient. Also note that you may not charge the supplier or the beneficiary to provide this information. Please cooperate with the supplier so that they can provide the therapeutic shoes and inserts that are needed by your patient.

Sincerely,

Wilfred Mamuya, MD, PhD Medical Director, DME MAC, Jurisdiction A Noridian Healthcare Solutions

Peter J. Gurk, MD, CPE, CHCQM Medical Director, DME MAC, Jurisdiction D Noridian Healthcare Solutions

Physician Notes on Qualifying Condition(s) for Therapeutic **Shoes PLEASE FAX TO 951.734-1538** As required by Medicare, save in



patient chart. 1st form of 3 Date of Birth: Patient Name: Plan of Care **Treatment Plan** Duration of DM: Diet Meds Oral Injection **Diabetes Type:** Type I, Controllled Type II, Controlled Type I, Uncontrolled Type II, Uncontrolled Name of MD/DO Supervising DM*: ___ Date of Last FBS: _____ (Please sign Certifying Physician Acknowledgment below) **Physical Exam: Neurological** (Use Y or N) Vascular (Circle appropriate level) Left Right Right Left Loss of Vibration Perception Dorsalis Pedis (3 = normal)01234 0 1 2 3 4 (3 = normal)01234 0 1 2 3 4 **Posterior Tibial** Loss of Protective Sensation Right Left Note any calluses, bunions, swelling, redness, deformities or amputations using the symbol key below: Callus C Bunion B Swelling S Redness R Deformity D Hammer/Claw Toe HC Amputation A Wound W

* Certifying Physician Acknowledgment:

I am the MD/DO supervising the patient under a comprehensive plan of care for Diabetes Mellitus.

I have personally conducted this foot examination or have authorized an eligible prescriber to conduct this exam on my behalf and agree with the findings. I have incorporated this exam as part of my medical records. Part of the comprehensive plan of care for this patient includes therapeutic shoes and insoles.

Please fax this back to us with the attached Statement of Certifying Physician for Therapeutic Shoes and Prescription for Therapeutic Shoes and Inserts and keep original in your patient's chart. Thank you.

Physician Signature:	Date:
Physician Name (Printed):	Physician NPI #:

Statement of Certifying Physician for Therapeutic Shoes PLEASE FAX TO 951.134-1538



2nd form of 3	(*		
Patient Name:	HICN:		
	se make certain that the following checked condition(s) dicated on the Physician Notes on Qualifying Condition.		
certify that all of the following are true:			
Diabetes Type:	History of partial or complete amputation of the foot		
☐ Type II, Controlled☐ Type I, Controlled☐ Type II, Uncontrolled☐ Type I, Uncontrolled	Lower limb amputation, footLower limb amputation, great toeLower limb amputation, lesser toe(s)		
	History of preulcerative callus		
Primary diagnosis:	☐ History of pre-ulcerative callus		
Diabetes with neurological manifestations	History of previous foot ulceration		
 Diabetes with peripheral circulatory disorder Diabetes without neurovascular manifestations and with structural defor 	Ulcer of heel and midfoot Ulcer other part of foot		
Foot Deformity	Peripheral neuropathy with evidence of callus formation		
Arthropathy associated with neurological disordersBunion	☐ Neuropathy in diabetes		
Claw toe	Poor circulation/PAD		
☐ Hallux rigidus☐ Hallux valgus	Atherosclerosis of the extremities with intermittent claudication		
☐ Hammer toe	 Atherosclerosis of the extremities with ulceration Atherosclerosis of the extremities, unspecified 		
Unspecified deformity of ankle and foot, acquired	Peripheral angiopathy		
 Unspecified acquired deformity of toe 	Peripheral vascular disease unspecified		
Acknowledgement Statement:			
I am managing and treating this patient's diabetes under a comprehen heat-molded or custom-molded inserts to help prevent ulcers and furth			
Physician Signature:	Date:		
Physician Name (Printed):	Physician NPI #:		
Must be the MD or DO who is actively treating the patient's	diabetes.		
	Physician Phone:		

Prescription for Therapeutic Shoes and Inserts PLEASE FAX TO 951.734.1538

(e.g. PA, Licensed Nurse Practitioner, Clinical Nurse Specialist, DPM)



3rd form of 3				
Patient Name:		HICN:	Date of Birth:	
Prescriber Name:		Prescri	Prescriber Phone:	
Quantity (Please check)	HCPC Code	Description		
1	A5500	Diabetic Depth Shoes, pair		
3 2 1	A5512	Prefabricated inserts pairs – multiple density, direct formed, molded to foot with external heat source (i.e. heat gun). Medicare allows up to three pairs of inserts per year.		
	OR	, J		
3 2 1	A5513	Custom-molded inserts – Multiple density, molded to model of patient's foot. Medicare allows up to three pairs of inserts per year.		
	OR			
Primary Diagnosis Code: Please confirm that the e		osis Codes match your charting document	ation.	
Diabetes, without complications Diabetes		iabetes with neurological manifestations	Diabetes with peripheral circulatory disorders	
E11.9 Type II controlled		11.40 Type II controlled	E11.51 Type II controlled	
E10.9 Type I controlled	E	10.40 Type I controlled	E10.51 Type I controlled	
E11.65 Type II uncontroll		11.65 Type II uncontrolled	E11.65 Type II uncontrolled	
E10.65 Type I uncontrolle	ed E	10.65 Type I uncontrolled	E10.65 Type I uncontrolled	
Duration of usage: 12 Mo	onths			
Prescriber Signature:			Date:	
Prescriber Name (Printed):			Prescriber NPI #:	
Must be the MD, DO or o	ther eligible p	prescriber who is actively treating patient	's diabetes	

PLEASE FAX TO 951.734.1538